



taste test.

delicious. loves

BABY FOOD Only the best will do for your baby, so make it organic, additive-free and totally scrumptious



BEST FOR ONE-YEAR-OLDS

Miniscoff Organic 4 Beefy Burgers, £3.80 for 360g.

Call 01225 783221 or visit

www.miniscoff.com for mail order

Grown-up ingredients go into these burgers – beef, breadcrumbs, onion, carrots, eggs, tomato purée, garlic and Worcestershire sauce. Tasty with a suitably subtle flavour.



BEST FOR ONE- TO THREE-YEAR-OLDS

Miniscoff Organic Chilli Yum Yum, £3.20 for 260g. Call 01225 783221

or visit www.miniscoff.com for mail order

We aren't in the habit of feeding babies spicy food, but what of Indian and Thai cuisines where spice is a part of life? This well-flavoured chilli will encourage a love of heat. The sweet mango chutney is a nice touch, too.

WHAT WE WANT FROM BABY FOOD

- Making your own baby food from fresh ingredients is tops but, when you can't, these organic meals are brilliant, too.
- Additive-wise, if they're made from organic ingredients, they're pesticide-free. Shamefully, some foods contain sugar (read that label before you buy), usually in the form of glucose and dextrose, but none can have added salt.

- It's hard to put a price on what's best for your baby. Prices should fairly reflect the relatively cheap ingredients that baby foods are made from.
- And taste? At our tasting, baby Kate was smacking her lips at every mouthful but, at six months old, she couldn't exactly give us a detailed account. The best approach is to judge the product by its ingredients list.